NM PDC
Continuing Medical Education (CME) – CME Application

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Goal of CME

- The goal of any CME activity is to change **Competence** and/or **Performance** and/or **Patient Outcomes**
  - Have you identified a need at your Command to change/improve upon Competence and/or Performance and/or Patient Outcomes**?** If so, you can create an educational activity to fill the need.

NM PDC CME Application

- The NM PDC CME Application changes to meet the requirements of the Navy CME program. Please contact NM PDC and ensure your Command is utilizing the **most recent** CME application package

The current CME application asks you to provide input to the following questions/statement:

1. What is the Need for this activity in terms of physicians' professional practice gaps?
2. How was this Need determined?
3. Explain how this CME activity/intervention will change Competence and/or Performance and/or Patient Outcomes.
4. What methods will you use to measure the changes in Competence and/or Performance and/or Patient Outcomes?
5. If this CME activity is a renewal, describe any changes that been incorporated into this CME, and why these changes were introduced.

2006 ACCME Requirements for Planning a CME Activity

- NM PDC is accredited by the ACCME (Accreditation Council for Continuing Medical Education) to provide CME credit for physicians.

- If you desire CME credit for your educational activity, the ACCME requires a **Planning Process** that links need assessment to professional practice gaps, the delivery of targeted activities, and evaluation of program efficacy:

Planning Process

1. **Need Assessment →**

2. Identification of Professional Practice Gap(s) in Competence and/or Performance and/or Patient Outcomes →

3. CME Activity →

4. Evaluate Efficacy

Need Assessment

- What Need Assessment **is NOT**
  - "I need CME hrs for my license or Board eligibility."
  - "CO says we need to complete it."
  - "We need to save Command money. Let's do CME here."
  - "We need to save time. Let's do CME here."
  - "We have always done it this way."
  - "The drug rep will provide lunch."
  - "Sounds like a good topic."
  - "Who wants to talk about what?"

Need Assessment

- What Need Assessment **is**:
  - To identify GAPS in Competence and/or Performance and/or Patient Outcomes with the USE of Data Sources.
  - Examples of **Data Sources**:
    - Quality Assurance Meetings
    - Patient Care Review/Audit
    - Survey/Self Assessment
    - Scientific/Medical Advances
    - Mortality/Morbidity Statistics
    - Peer Review
    - Etc.

Planning Process

1. Need Assessment →

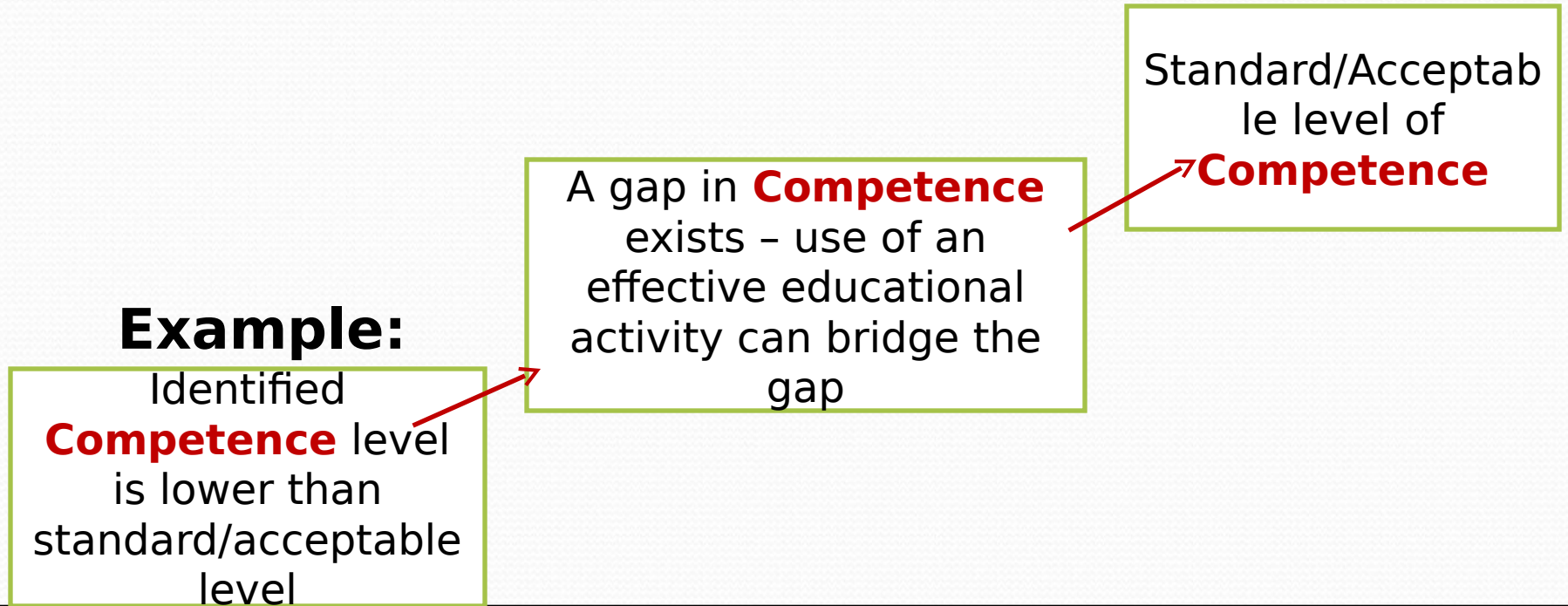
2. Identification of Professional Practice Gap(s) in Competence and/or Performance and/or Patient Outcomes →

3. CME Activity →

4. Evaluate Efficacy

Professional Practice Gap

- A **Professional Practice Gap** is:
  - The difference between where your are now, and where you want to be/should be, in regard to Competence, Performance and Patient Outcomes:


Standard/Acceptable level of **Competence**
A gap in **Competence** exists – use of an effective educational activity can bridge the gap
Example:
Identified **Competence** level is lower than standard/acceptable level

Planning Process

1. Need Assessment →

2. Identification of Professional Practice Gap(s)

in Competence and/or Performance and/or Patient Outcomes →

3. CME Activity →

4. Evaluate Efficacy

CME Activity

- Plan your CME Activity to fill the professional practice gap(s) identified in Competence and/or Performance and/or Patient Outcomes.
- If you have not identified professional practice gaps related to Competence and/or Performance and/or Patient Outcomes, NM PDC will not approve your activity for ***AMA PRA Category 1 Credit™.***
- Your activity's goals/objectives should be **attainable** and **measurable**.

Planning Process

1. Need Assessment →

2. Identification of Professional Practice Gap(s) in Competence and/or Performance and/or Patient Outcomes →

3. CME Activity →

4. Evaluate Efficacy

Evaluate Efficacy

- Did your educational activity fill the identified professional practice gap? How do you know if your educational efforts were effective?
- What tools do you use to measure efficacy?
  - Use of an immediate post-course survey?
    - Useful in assessing Competence
  - Use of a 3 and/or 6 month post-course survey?
    - Useful in assessing Competence/Performance/Patient Outcomes
  - Continued use of chart review/QA processes?
  - Use of a data tracking system to follow outcomes?
  - Other?

Evaluate Efficacy

- CME Activity found to be **non-effective**:
  - You **did not** fill the gap identified in Competence and/or Performance and/or Patient Outcomes
  - Go back/start over and redesign your activity
- CME Activity found to be **effective**:
  - You **did** fill the gap identified in Competence and/or Performance and/or Patient Outcomes
  - Continue to assess needs and hold educational activities built around the new needs

The NM PDC Office:

- **Won't**
  - Approve last minute packages – applications are due to NM PDC **6 weeks** prior to your desired starting date
  - Approve incomplete or inadequately prepared packages
  - Approve packages not meeting 2006 ACCME criteria
- **Will**
  - Provide education and assistance to anyone needing it!

CME Information

- Your CME Application with NM PDC:
  - Is due to NM PDC **6 weeks** prior to your desired starting date.
  - Is approved for **no more than** 1 calendar year.
    - Example: 1 JAN 2010 – 31 DEC 2010
  - No CME's approval period will cross over into a new Calendar Year (CY) – **you must renew**.
    - Example: If you start a monthly Grand Rounds series on 15 JUN 2010, it will expire no later than 31 DEC 2010. If you desire to continue the activity into the new 2011 CY, you must submit a renewal application to NM PDC **6 weeks** prior to your desired 2011 starting date.
    - Renewal applications should not be a carbon copy of your previous application – you are expected to assess need and professional practice gaps on a continual basis and, therefore, revision of your application to express newly identified needs/gaps is expected.

CME Information

- If your CME application is approved:
  - You will receive confirmation from NM PDC
    - NM PDC sends the Point of Contact and/or the Activity Director an email with the Approval Documents attached
  - Your educational activity can provide ***AMA PRA Category 1 Credit™*** for the approval period specified by NM PDC
    - **Check your Approval Documents to verify your approval period**.
    - If you provide educational activity prior to receiving approval from NM PDC, that educational activity IS NOT approved for ***AMA PRA Category 1 Credit™***. Subsequent approval **will not** be retroactive.
    - If you provide educational activity after the approval period has expired, that educational activity IS NOT approved for ***AMA PRA Category 1 Credit™***.

CME Information

- NM PDC = Navy Med Professional Development Center
  - http://www.med.navy.mil/sites/navmedmpte/cme/Pages/default.aspx
    - Note: This webpage is under revision/periodically revised – contact NM PDC and verify your use of the most current instructions, applications and forms.
- The ACCME = Accreditation Council for Continuing Medical Education
  - http://www.accme.org/
- The ACME = Alliance for Continuing Medical Education
  - http://www.acme-assn.org/